# My Journey in the Diaspora

Nadey S Hakim, MD, PhD Professor Imperial College London Vice President Royal Society of Medicine









## Rene Descartes University Paris





NADEY S. HAKIM LAUREAT DE LA FACULTE DE MEDECINE DE PARIS 1984









# INTRODUCTION Editor \_\_\_\_ Nadey S Hakim REAN TRANSPLANTATION

**Imperial College Press** 

OXFORD

## pancreas, islet, and stem cell transplantation for diabetes

second edition

edited by NADEY S. HAKIM, ROBERT J. STRATTA, DEREK GRAY, PETER FRIEND, AND ALAN COLMAN

With a foreword by Gabriel Danovitch, Director, Kidney and Pancreas Transplant Program, UCLA and Gerald Lipshutz, Ronald Reagan UCLA Medical Center





by JO REVILL, Health Correspondent THE WORLD'S first hand transplant has been carried out by an international team of doctors, including a surgeon from London.

The pioneering 14-hour operation, which was carried out last night in France, involved attaching a dead man's hand to the wrist of a 48-year-old Australian who lost his own hand in a chainsaw accident nine years

The donor was a middle-aged Frenchman who had been killed in a road accident earlier this month.

The British surgeon, Professor Nadey Hakim, of Saint Mary's Hospital, was one of eight surgeons who travelled from across the Team member Nadey Hakim world to perform the delicate microsurgery at the Edouard Herriot hospital in Lyon.

the operation only four hours after perform-ing a kidney transplant in London He said the hand transplant patient. He said the hand transplant patient. The team in the new who have to allow the nervest to be rejoined."

He said the hand transplant patient, 48-year-old businessman Clint Hallam, from Perth, was in a "comfortable" condition. 13 aw him ip had this more than we the surgery at 10.30am yesterday, had actually spent months "I saw him in bed this morning and he seems preparing for the transplant. They beat an exposed bone in Mr Hallam's forearm.

Briton joins team S Alexan for pioneer surgery

Professor Hakim today spoke of his pride at is an international expert in multi-organ

American team from Kentucky who were hoping to achieve the world-first by the end of this year.

"We did it because we took the best surgeons from across the world," said Professor Hakim, who lives in London with his wife and two children.

"We are, in a sense, the crème de la crème, I was only one of eight surgeons in there, and it's the teamwork that really counts."

Professor Hakim got the call for help at 2am yesterday morning. He went into St Mary's to perform a kidney transplant operation, finished at 8am, then got on the train to Heathrow. By 10.30am, he was gowned up in the theatre in Lyon, preparing Mr Hallam for the surgery.

Chief surgeon, French Professor Jean-Michel Dubernard, said after the operation: "It went very well and we are pleased with the way the hand took to Mr Hallam's wrist. to be doing well," said Professor Hakim, who It was a very delicate business and we will now have to wait and see how readily his arm accepts the new limb.

"If it does, this technique will offer hope to the millions of people around the world who have either lost limbs in accidents or wars,

Once the bone was secured, they then con-

nected the arteries, veins, nerves, tendons and muscles before finally stitching the skin around it.

a stra rows. still ve loved broth How it was done: Page Five The or

Cle

kill

A WO

the he

from

murde Cardi

self-de Minch Hoor

escap when

HOW ONE MAN ON A ROOF JAMMED LONDON REPORT AND PICTURE: Page 3

TV & RADIO GUIDE 32, 41 & 42 BUSINESS DAY 33 FEATURES 21 ENTERTAINMENT GUIDE 44

















BUCKINGHAM PALACE

23<sup>rd</sup> May, 2008.

Den Peopenes Hakin,

Thank you for your letter of 11<sup>th</sup> March 2008 in which you kindly offered to give to The Queen a bust that you have sculpted of her. I have discussed it with Her Majesty and as the Patron of the British Red Cross Society she would be pleased to accept your offer. Caroline de Guitaut at the Royal Collection (contactable via the switchboard on 020 7930 4832) would be happy to assist you in making delivery arrangements

Ans silend

Doug King Assistant Private Secretary to The Queen

Professor Nadey Hakim.

The rest work for your fuller as a marter grow the mean grow might off, will be grow to The Choose a more that the biofold and provide the harder disense of a work for mean of the second of the former of the marter de Castas Society single for the preservice at cost your of the and the Castas Society single for the preservice at cost your of the and the Castas Society single for the preservice at cost your of the and the Castas Society single for the preservice at the and the former of 020 7930 43322, work the bappy so assist you in the former of 020 7930 43322, work the bappy so assist you in the site brown of 020 7930 43322, work the bappy so assist you in the second second



#### THE ROYAL COLLECTION TRUST

23 July 2009

Dear Professor Hakim,

I am so sorry that it has taken some time for us to officially acknowledge in writing receipt of your bronze bust of The Queen delivered to the Royal Collection last year. We had thought that an acknowledgement had already been sent to you by the Private Secretary's Office. The bust has now been accessioned as part of the Royal Collection and makes a very handsome addition to it. Thank you again for your generosity.

Yours sincerely

epulair

Sir Hugh Roberts Director of the Royal Collection

Professor Nadey Hakim, KCJSJ 34 Hocroft Road London NW2 2BL

St James's Palace, London SW1A 1BQ. Tel: 020 7930 4832 Fax: 020 7839 8168

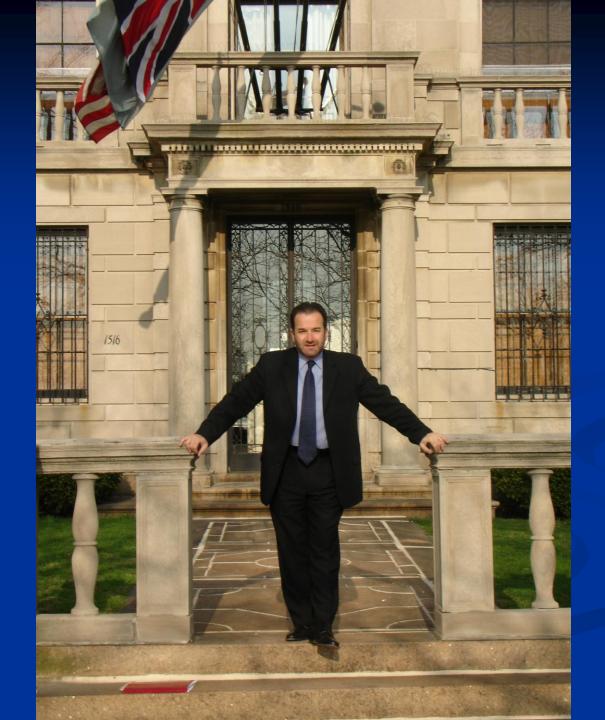
The Royal Collection Trust is a company limited by guarantee registered in England and Wales. Registered No. 2713536. Registered Charity No. 1016972. Registered Office: Stable Yard House, St James's Palace, London SW1A 1JR.



CONGRESO MUNDIAL DEL COLEGIO INTERNACIONAL DE CIRUJANOS WORLE CONGRESS OF THE INTERNATIONAL COLLEGE OF SURGEONS 6 al 10 de Octubre del 2004 - Quito - Ecuador

XXXF XXXIV









KISTAN

THAILANDE

IMAN



#### 14 • ELEFTHERIA

### CHRISTOFIAS INVITES PROFESSOR NADEY HAKIM TO CYPRUS UK transplant surgeon gets presidential thanks

According to the latest statistics from UK Transplant, living donor kidney transplants represent more than one in four of all kidney transplants.

This is a significant increase on nine years ago when one of the patients was Dimitris Christofias, who became the sixth President of the Republic of Cyprus in February this year.

The recipient of a kidney donated by his sister, Mr Christofias was given the life-saving operation at St Mary's Hospital by consultant transplant surgeon, Professor Nadey Hakim, who is also Surgical Director of the West London Renal Transplant unit, the largest of its kind in Europe.

Prof Hakim commented: "We perform an average of 200 kidney transplants a year and the majority of those are from living donors. It is a huge undertaking but also the ultimate act of generosity."

More than 6,000 people in the UK need a kidney transplant, but there is a severe shortage of donor organs. Experts say receiving a



kidney from a living donor produces better results than using an organ from a deceased person.

Two months after his election victory, Mr Christofias spoke again to Prof Hakim to invite him for lunch at the presidential palace in Cyprus as a gesture of gratitude: "I wanted to thank Nadey personally – his care enabled me to become president."

Mr Christofias became involved in left-wing politics early in his youth and is the first and only communist head of state in the European Union. Throughout the election campaign, he pledged to restart talks with Turkish Cypriots in order to find a solution to the Cyprus dispute and reunify the island.

Accompanying Prof Hakim to Cyprus was another of his former renal patients, John Sergides, who also received a kidney from his sister.

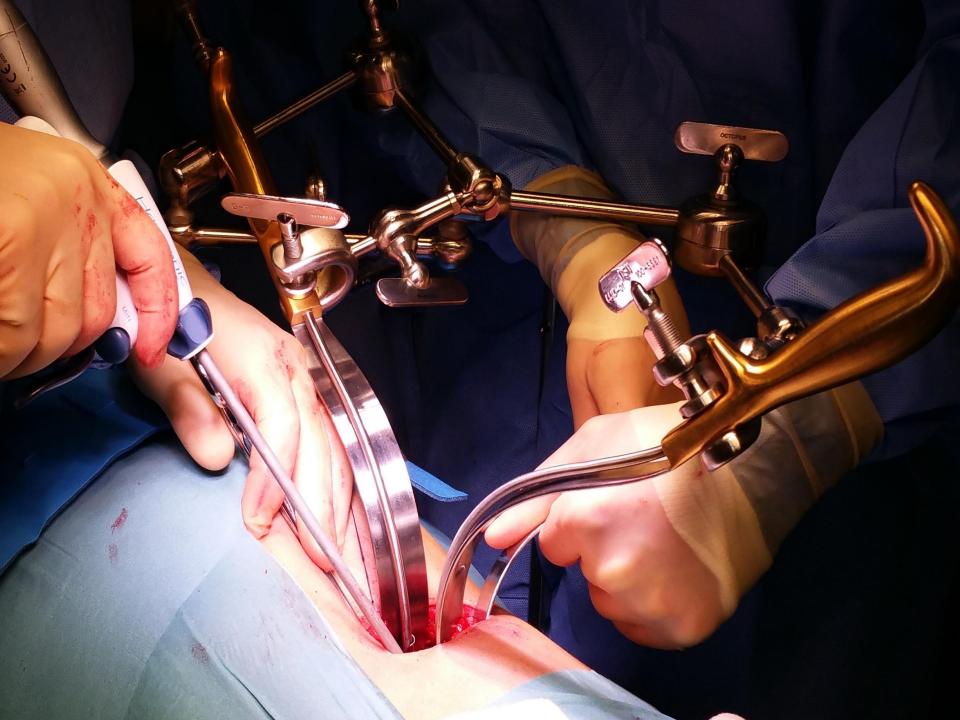
The 34 year old investment banker was raised in Cyprus and was honoured to return to his home country for such a special reason. Speaking of the meeting, John said: "We spoke about our shared experience. It doesn't matter what walk of life you're from – when you're placed at the edge of life like that it's very humbling."

ommunity News

John's operation was performed at the end of 2007 and less than three months later he was back at work.

"The treatment I received from all staff at the hospital was extraordinary, but Prof Hakim made me feel like an individual rather than just another patient," said John. "Without that, recovery would have been a long and painful process and my family and I are very grateful for this attention."

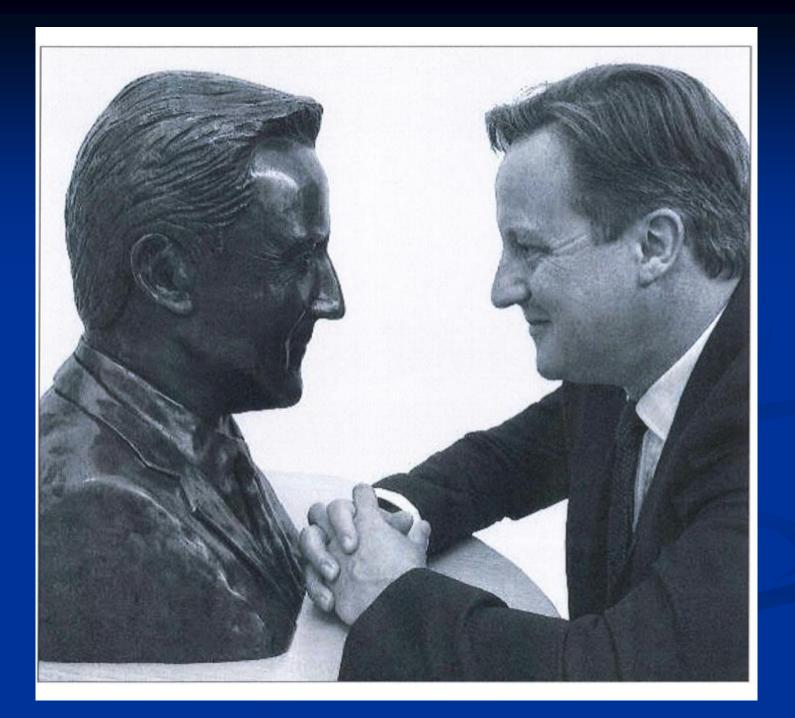
The transplant has given John renewed spirit and he is planning a 80km charity bike ride later this year. When asked about the need to encourage more living donors, John said: "There is nothing greater than the gift of life and increasing the number of living donors will give even more people a chance of survival."









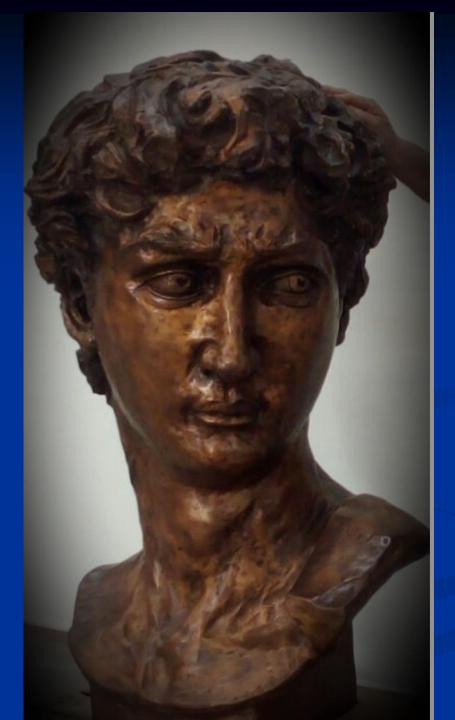


















"If we excel in anything, it is in our capacity for translating idealism into action."

6.H. Mayo

Charles H. Mayo, M.D.



Death comes to all, but great achievements build a monument which shall endure until the sun grows cold.

Ralph Waldo Emerson 1803-1882